



# PREVENTING FALLS IN ADULTS WITH DEMENTIA

## SIMPLE STEPS WITH A HUGE IMPACT

Falls continue to be the #1 cause of non-fatal and fatal injuries in older adults.



### CLEAR WALKING PATHS

It should be easy to move around your space. That means a clear walking path, free of anything that could cause a person to trip.



### PHYSICAL HEALTH REVIEW

It's crucial that you learn more about your loved one's ability to move, with or without a walking aide. Many people, especially after getting dementia, will begin to shuffle as they walk. Assessment by a trained professional before making any big changes is beneficial.



### AUTOMATED LIGHTING

Proper, well-lit spaces help to mitigate eyesight challenges. If you are caring for someone at home, think about having lights on sensors.



### LIMIT STAIRS

It's so important that an older adult with a gait impairment be given the least amount of stairs to climb as possible. If stairs are completely unavoidable, there should be handrails and lights installed on staircases.



### COGNITIVE HEALTH REVIEW

Dementia is a major cause of falls for older adults. When someone is living with dementia, their ability to make safe choices is drastically impaired.





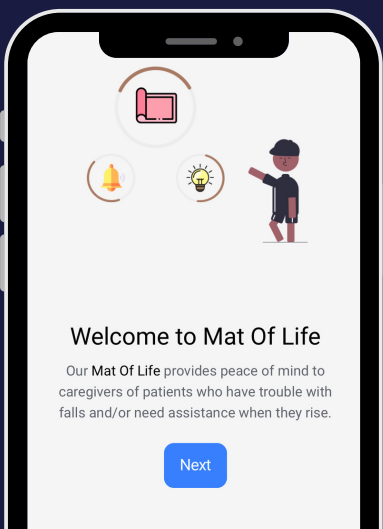
# MAT OF LIFE

## PEACE OF MIND IN FALL PREVENTION



### INCREASED FEELING OF INDEPENDENCE

NO CAMERAS HERE! Mat of Life is a wireless "smart" mat for bedside, doorway, or any other area requiring potential fall intervention that rolls away and can travel with you. It eliminates unease and brings peace of mind to the user, family members and caregivers.



### AUTOMATED INSIGHTS

The ability to monitor and track the "getting up and down" habits is here leading to earlier identification of co-morbidities and allowing for interventions prior to becoming major issues.



### DECREASED NIGHT CONFUSION

Mat of Life integrates with an alarm or bulb holder. The bulb holder can easily be placed at the base of your lamp, ceiling light or other area to ensure sufficient light is always available from the first step and triggers the desired pathway.



### TRUSTED ONLINE SUPPORT NETWORK

Customized notification options using the MOL App, a communication hub, keeps the entire caregiving team aware anytime and anywhere. The Mat of Life incorporates response and online support services made available 24/7 and also includes 911 response settings if enabled



### PERSONALIZED

No one person requires the same fall prevention plan and independence is key to maintaining mental and physical wellness. By offering a tailored plan that the entire wellness team is a part of can provide peace of mind, consistency and continuity leading to a better quality of life.

